



**BlueCross BlueShield
of Illinois**

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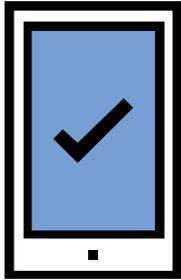
LIVONGO[®] Diabetes and Hypertension Programs

Available for Wellbeing Management and Health Advocacy Solutions or stand-alone to groups with multiple health carrier plans. For Large Group Administrative Services Only (ASO), Cost Plus (CP) and Minimum Premium Program (MPP) with Preferred Provider Organizations (PPO) networks. Not available for Health Maintenance Organizations (HMO).

Livongo is an independent company that provides chronic condition management for Blue Cross and Blue Shield of Illinois. Livongo is solely responsible for the products and services that it provides. BCBSIL makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

Blue Cross and Blue Shield of Illinois, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

One Easy App



The entire multi-condition experience is delivered through the Livongo® app.

Learning

Curriculum and Content

Practice

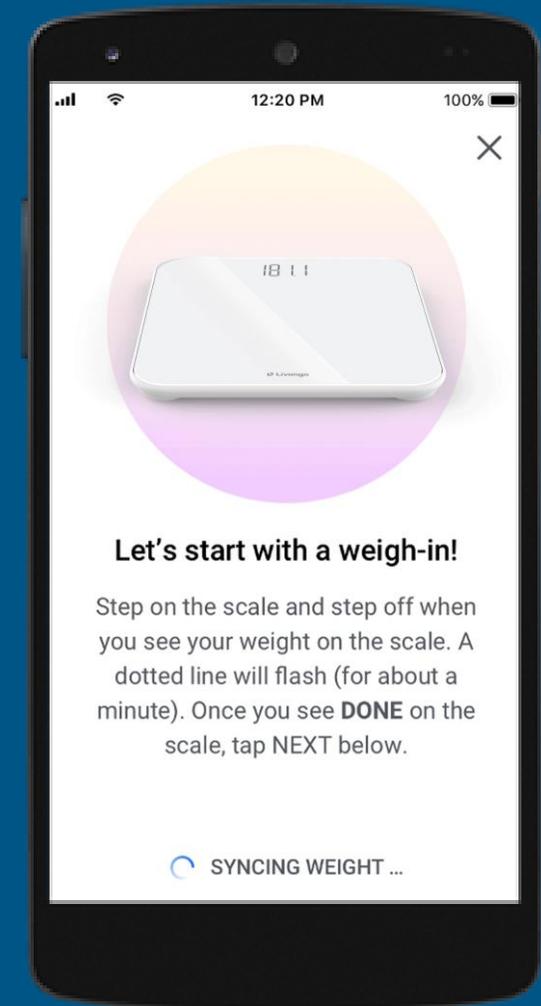
Health Challenges

Tracking

Food, Activity and Weight

Feedback

Coaching and Support

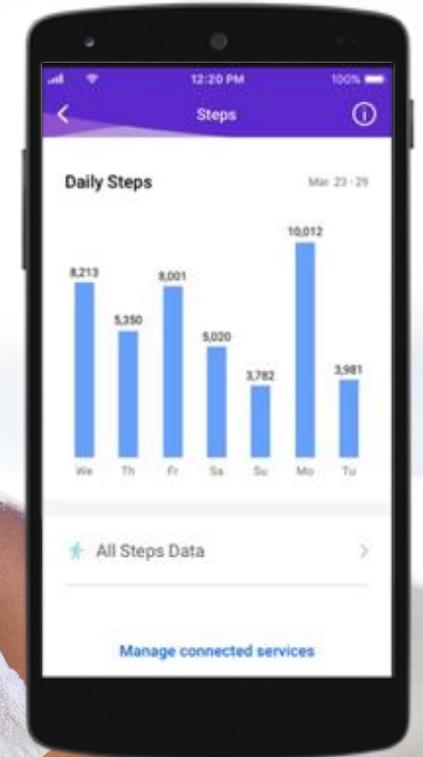


Tracking & Monitoring

Activity Tracking

Members can easily see the improvements they are making and where they need to focus more as they use the app to track their progress and monitor habits.

- Daily step counts automatically synced
- Compatible with major activity trackers

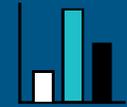


Blood Pressure Monitoring Made Easier

- Wireless and connected for easy readings and tracking
- Reminders to take a reading and notifications when high
- Ability to generate reports to share with clinicians



Take blood pressure reading



Data automatically uploaded to the Livongo® data engine



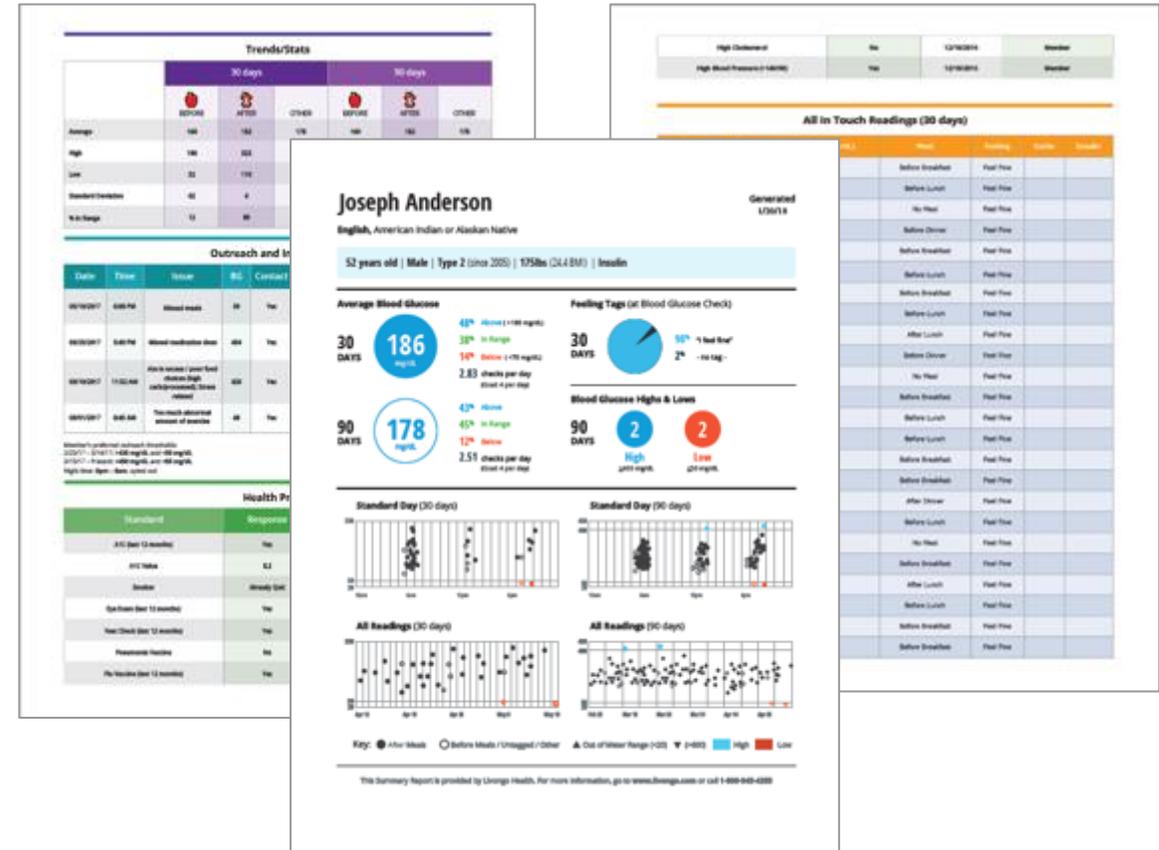
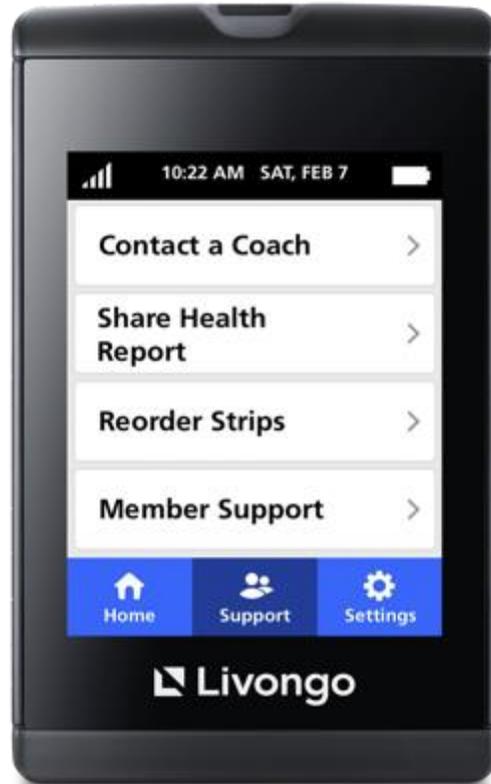
Easy to access readings and interpret trends



Drive to 5 campaign to build habit of consistent monitoring

Health Summary Report

Share report with personal care team, onsite clinic, family ... with just a few taps



Getting started

Livongo is offered at no cost to you through your employer.
Here's how to enroll:

Eligibility

Adults enrolled in the BCBS medical plan (< 18 with parental consent for Diabetes Program)

Evidence of Diabetes/Pre-diabetes/HTN

Notification

Livongo will email members with enrollment info.

Direct mail may also be sent

Enrollment

Once you apply, Livongo will check for eligibility and notified if accepted into the program.

Start Program

You will receive the welcome kit with instructions in the mail.

Questions